## Date & Raisin Oatcake Slice

120ml maple syrup 130g raw sugar

180ml water 130g brown sugar

80g seeded raisins (or prunes) 200g plain flour

250g dates, pitted and chopped ½ teaspoon bicarbonate of soda

190g butter (at room temperature) 200g rolled oats

½ teaspoon cinnamon

1. Preheat oven to 180oC fan forced (200oC conventional)

- 2. In a medium saucepan over high heat, bring maple syrup, water, raisins and dates to the boil. Reduce heat to medium and simmer for about 6 minutes stirring until mixture has thickened. Set aside.
- 3. Beat butter, raw sugar and brown sugar until pale and fluffy. Stir in flour, bicarb of soda, oats and cinnamon. Fold through to combine.
- 4. Grease a 20cm x 30cm baking tray and line with baking paper. Press 2/3rds mixture into base, spread date and raisin paste over it. Sprinkle remaining oat mix and bake for 30 minutes until golden.
- 5. Allow to cool completely in tin before cutting into slices.
- 6. Note: I tend to refrigerate the slice as we like it to be chewy J

BBC walkers sampled this slice on the Falcon Rocks & Inglestone Gorge walk.

Made by Fiona Hare from a recipe of Donna Hay's.